The Concierge TIPS FOR TOURING HERE AND ABROAD



MEDITERRANEAN COOKING SECRETS Taste the flavors of the world at Trade

Secrets, a monthly Sunday cooking class that journeys through the Mediterranean. Offered by James Beard Award-winning chef Jody Adams at her Boston restaurant TRADE, the debut class features foods of Greece (Jan. 15) followed by Italy (Feb. 12), France (March 19) and Spain (April 23). The intimate classes feature welcoming coffee and scones followed by Adams teaching her tricks of the trade. After the hands-on cooking class, guests can enjoy a three-course lunch with wine pairings and depart with printed recipe cards to re-create the experience at home. No passport required! 11 a.m.-2 p.m. Space is limited so reservations are required. \$150 per person. 617-451-1234, www.eventbrite.com/e/trade-secrets-

MAINE CRAFT BEER FEST

tickets-29398551860

The second annual Bar Harbor Winter Beer Fest kicks off at the Atlantic Brewing Company's 10-acre farm (Jan. 14; 11 a.m.-4 p.m). In addition to the brew company's own creations, the festival will feature seven craft brewers from Maine including Geaghan Brothers, Orono, Dirigo, and more. The event will also include food vendors, games (keg stacking relay, anyone?), photo booth, live music from local bands, and an author talk by Josh

cooking-classes-with-chef-jody-adams-

Christie, a Maine beer expert. Much of the festival will take place outside but warming stations are certain to keep you toasty warm. \$20 ticket includes

keepsake tasting glass and unlimited samples of the craft brews; \$10 for designat-

ed drivers. Children under 10 are free. A shuttle service will run from The Village Green in downtown Bar Harbor to the brewery with a stop at the Atlantic Oceanside Hotel. First snow date is Jan. 15, second snow date is Jan. 21. www.barharborinfo.com/Events/ Bar-Harbor-Winter-Beer-Fest.aspx

THERE

SOAR ABOVE THE CLOUD FOREST IN ECUADOR

Travelers who would rather float through trees than trek beneath them can do so aboard the new Dragonfly cable ride at Mashpi Lodge, an awardwinning eco-lodge surrounded by 3,200 acres of Andean cloud forest in Ecuador. After a 10-minute walk from the lodge, up to four guests and a guide can experience the beauty of nature along the 1.2-mile open-air journey above the Mashpi Rainforest Biodiversity Reserve, spotting birds and animals in the tree branches, passing above rivers and waterfalls, slipping in and out of misty clouds, and taking in stunning views of greenery all around. A round-trip experience lasts approximately two hours; a station at the halfway point is available for embarkation

and disembarkation. Rates for two from \$1,170 per night, includes shared transfer from/to Quito: all meals and soft drinks; activities within the reserve with bilingual guides; use of rubber boots and rain ponchos; Wi-Fi. www.mashpilodge.com

BARVARIAN TOUR WITH NOVELIST JENNA BLUM

Have you ever read a novel and wanted to chat with the author, or visit the destinations described in the story? Adventures by the Book offers opportunities for readers to do just that. A new tour, Bavarian Adventure by the Book (below), features bestselling author Jenna Blum leading guests through locations that inspired her New York Times bestseller, "Those Who Save Us." Tour historic cities in Germany and Austria, including visits to historic sights such as Neuschwanstein Castle, Dachau Concentration Camp, and the birthplace of Mozart, as well as lesser-known spots such as a little bakery featured in the book. In-

cludes 10-nights lodging in seven cities, all land transportation, local guides, daily breakfast, dinner concert in Salzburg, signed copy of "Those Who Save Us," and more. April 30-May 11. Limited to 20 guests. \$4,495 per person double occupancy; \$875 single supplement. 619-300-2532, adventuresbythebook .com/bavarianadventure

EVERYWHERE

SMALL SPEAKERS WITH BIG SOUND

Soundcast, the high-performance wireless audio company, has debuted a small-yet-rugged take-anywhere travel speaker with stunning sound capacity. The VG1 features dual aluminum drivers and weighted rear-firing passive radiators that provide rich audio with real bass response for immersive sound. Streams your favorite music or music service from your mobile device via Bluetooth hi-def AAC and aptX codecs. Or plug in any audio



source via 3.5mm mini jack. Includes rechargeable internal battery with up to 15 hours of play time and external AC power supply. Shock resistant and waterproof. Perfect for hiking, camping, the beach, or any on-the-road destination. \$149. www.gosoundcast .com/collections/wireless-speakers/ products/vg1

TRAVEL PILLOW FOR KIDS

Traveling long distances can be tough on your child's sleep schedule. The Sneck travel pillow (above) by BumbleBum helps kiddos sleep in comfort — on a plane, bus, or in a car - by providing head and neck support with microbead-filled pillow pods. Pillow attaches to the headrest with a Velcro strap that allows the head to rest without jerking about. Features a stash pocket to store small items, like an mp3 player or your child's favorite toy. \$14.99. 800-969-6586, www.bubblebum.co/us/product/ sneck/

NECEE REGIS