

Final

HERE, THERE, AND EVERYWHERE

From breakfast at the Charles to an artsy deal in NYC



MARGARET MORTON

By Necee Regis | GLOBE CORRESPONDENT FEBRUARY 28, 2015

here

PALATE-PLEASING SUPPERS IN MAINE

Move over wine. Beer is taking center stage at two off-season food-and-brew events in Kittery, Maine. Enjoy four-course meals that pair the culinary skills of chef Brandon Blethen of Robert's Maine Grill with local artisanal beer producers. Blethen's interpretations of regional New England classic dishes are designed to complement and showcase each beverage. The Foundation Brewing Co. Dinner (March 2, 6 p.m.) features this brewery's farmhouse style draft-only beers. The Tributary Brewing Co. Dinner (April 9, 6 p.m.) features tasty offerings from this recent addition to Maine's craft brew scene. \$60, includes tax and gratuity. *207-439-0300, <u>www.robertsmainegrill.com</u>*

BOOKS, BREAKFAST AT THE CHARLES

Chow down on an upscale breakfast (pictured here) while listening to award-winning New England-based authors at The Charles Hotel Book Club. Take a seat at Henrietta's Table, the Cambridge hotel's farm-to-table restaurant, and hear Tracy Kidder (March 13, 8:30 a.m.) and Lily King (April 8, 8:30 a.m.) read and discuss their work. Kidder's titles include "Strength in What Remains," "Mountains Beyond Mountains," and "Home Town." King's recent novel, "Euphoria," received both the New England Book Award and the Kirkus Prize for fiction. Ticket price includes family-style breakfast, tax, and gratuity. \$25. <u>www.henriettastable.com</u>

there

HOLA OCÉANO PACÍFICO

CONTINUE READING BELOW ▼

Bid bye-bye to winter woes at Rancho Santana, a 17-room inn debuting this month on Nicaragua's Pacific Coast. Situated on 2,700 acres of rolling hills, guests can visit five distinct beaches nestled along two miles of a dramatic and rocky shore. Every room features a private terrace with ocean views, spa bath with hand-painted tiles, deluxe bedding and towels, and free Wi-Fi. Enjoy surfing, mountain biking, guided ecology walks, kayaking, horseback riding, spa facilities, stargazing, or loll with a cocktail at the sand dollar-shaped pool. La Finca y El Mar also offers farm-to-table dining. Introductory rates from \$249 to \$349 per night. *310-929-5221, ranchosantana.com*

ARTSY DEAL IN NYC

Get energized by art with the "New York: City of Museums Package" offered at the Carlton Hotel. With an easy-access Midtown location and modern luxury accommodations, the hotel is a perfect stepping-off spot for experiencing the city's culture, art and historic sites. The two-night package includes exhibitions of your choice at the Museum of Modern Art or the Metropolitan Museum of Art; exhibitions at the New York Historical Society or the Museum of the City of New York; two days of double-decker bus sightseeing tours; and a 75-minute harbor cruise of Manhattan. Rates from \$950. *646-867-6836*, <u>www.carltonhotelny.com</u>

SLOW FOOD + SUN = TROPICAL FLAVORED FUN

Savor the warmth and flavors of the tropics at the fourth annual Slow Food Day, a celebration of the Cayman Islands' farmers and fishermen at Camana Bay (March 14). An up-and-coming foodie destination, Grand Cayman island salutes three female chefs at this year's event, including James Beard Award winner Susan Spicer of Bayona in New Orleans, and Cindy Hutson of Ortanique and Hedy Goldsmith of Michael's Genuine Food & Drink in Miami. Free food tastings with locally sourced ingredients take place throughout the day; the event concludes with dinner (\$145) highlighting the best of Cayman cuisine from the restaurants of Camana Bay. <u>www.camanabay.com/slowfood</u>

everywhere

ARMCHAIR TRAVEL TO CENTRAL ASIA

Travel to Kyrgyzstan from the comfort of your couch with this stunning series of photographs by New York photographer Margaret Morton. "Cities of the Dead: The Ancestral Cemeteries of Kyrgyzstan" (\$39.95, University of Washington Press) documents Morton's visits to dramatically sited cemeteries in desolate mountain locations. Images of ornate domes and minarets, tightly clustered behind stone walls, contribute to the architectural record of this region (pictured below) while revealing the complex nature of the Kyrgyz people's religious and cultural identities. <u>www.washington.edu/uwpress/search/books/MORCIT.html</u>

BREATHE A LITTLE EASIER

When you are traveling, dry air can cause sinus problems, crack skin, and aggravate allergies. Now you can keep your hotel room at a pleasant and healthy humidity level with Jerry, a small but powerful travel humidifier (pictured above) offered by Stadler Form. Weighing only .4 pounds, this easy-to-pack item fits most standard plastic bottles (maximum 17 ounces). Add your water bottle, plug the unit in, and enjoy clean, moist air. No need to worry if you fall asleep while it's running: It is outfitted with an automatic shutoff. A transcontinental AC adapter and exchangeable plugs allow Jerry to be used throughout North America, Europe, and Asia. \$49.99. *877-663-7895, <u>www.stadlerformusa.com</u>*

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