Amsterdam's Canals

The Dylan Amsterdam, a historic 40-room boutique hotel, offers new customized paddle-boats for guests as part of their Pamer, Paddle, and Prade package. Celebrating the 600-year anniversary of Amsterdam's renewed waterways — and springtime flowers in bloom — the luxury package includes a two-night stay, daily breakfast buffet, lunch in the new greenhouse, keepsake tulip vase, and use of a paddle-boat to explore the canals.

From $790, double occupancy, through June 30, 1-813-205-2300, http://thedylanamsterdam.com

Get Jazzed in Cuba

Swing your hips to a Latin groove on one of Insight’s CUBA jazz in Havana tours offered every month through May 2014. This not-for-profit company connects US vacationers with culture; follows music and art in Cuba; and visits 17 jazz sequences with voice-guided video and pictured demonstrations that can be done in the comfort of a hotel room. Created by yoga instructor Rina Jakubowicz, the exercises are tailored for morning, midday, and night, and include stretches such as Happiness for My Hips, Namaste for a New Day, and Nightcap for My Core. Too tired to stretch? Sleep to soothing backgroound music, and wake to tranquil alarm clock sounds. Compatible with iPhone, iPad Touch, and iPad; $99, 800-450-2822, http://inchusetours.com/cuba-tours/jazz-in-havana-tour

Dylan Amsterdam

Innovative travel products

Attention gadget junkies: Daily Grommet, a curated online marketplace and video review site, offers dozens of new and innovative products for savvy travelers. With its focus on product origins, the site spotlights items of utility, style, or invention that hasn’t hit the big time yet, from pill storage containers and waterproof wraps to ride-on suitcases for kids, inflatable portable crib, and fast-dry towels. Help launch and review new products with their Citizens’ Gallery and Suggest a product feature. 877-961-5522, www.dailymgrommet.com/products/for-me/travel

Yoga on the Go

Stay fit with Snooze Yoga, an app designed for business and leisure travelers looking to unwind after a long day on the road, in the air, or sitting in meetings. Includes 17 yoga sequences with voice-guided video and picture demonstrations that can be done in the comfort of a hotel room. Created by yoga instructor Rina Jakubowicz, the exercises are tailored for morning, midday, and night, and include stretches such as Happiness for My Hips, Namaste for a New Day, and Nightcap for My Core. Too tired to stretch? Sleep to soothing background music, and wake to tranquil alarm clock sounds. Compatible with iPhone, iPad Touch, and iPad; 99 cents. https://itunes.apple.com/us/app/snooze-yoga/id587406939?mt=8

Snooze Yoga

What else would you expect from a place with its very own time zone?

Maybe it’s the view. Or maybe it’s the fact that you’ve just witnessed a couple of thousand births gathering in wild congregations at the very edge of the continent. Whatever the case, one thing’s for sure. In the Seabird Capital of North America, surrounded by rugged coastline, scenic hiking trails, and fresh sea air, there’s a tendency to focus towards the unexpected. Not bad for a three hour flight. To find your way here, call Susan at 1-800-553-5353 or visit NewfoundlandLabrador.com

NewfoundlandLabrador.com/Welcome/AboutCanada