

# News, Apps, Deals, and More in New England and Beyond

## HERE

**WINTER WATERLAND IN MYSTIC, CONN.**  
 Visit Mystic Aquarium's Winter Waterland (Dec. 27-Jan. 1, 10:30 a.m. to 3 p.m.), a celebration of the season with festive decorations that reflect the native habitats of the aquarium's animals. Enjoy live music by local artists, scavenger hunts, and seasonal crafts you can make and take home. You may even spot Santa and his elves diving and swimming among the fish. Winter Waterland activities and entertainment are included with general admission. Adults \$29, age 60 and over \$26, 3-17 \$21, under 3 free. The Polar Express 4-D Experience, a holiday favorite brought to life, is \$6 additional. *55 Coogan Blvd., 860-572-5955, www.mysticaquarium.org*



**BOSTON HARBOR HOTEL WINE FESTIVAL**  
 Sip and savor at the Boston Harbor Hotel's 24th Annual Boston Wine Festival, a 12-week-long series of intimate wine dinners, brunches, seminars, and receptions featuring winemakers from around the world. Festivities kick off with a grand opening reception, Jan. 11, 7-10 p.m., where you can sample more than 50 wines and enjoy an elaborate buffet. Participating vineyards this year include Spottswoode Estate Vineyard and Winery, Domenico Clerico Winery, Opus One, Peter Michael, Frog's Leap, Diamond Creek, Chateaufeu du Pape, and Cakebread Cellars. Returning by popular demand: chef Daniel Bruce's themed dinners, including Battle of the Cabernets and Meritage Madness. Ticket holders receive an exclusive Wine Festival accommodations rate of \$220 per night. Opening reception \$100, other events \$95-\$225. *70 Rowes Wharf, 888-660-WINE, www.bostonwinefestival.net*

## THERE



**CARPATHIAN CELEBRATION IN NEW YORK**  
 "Midwinter Night: A Celebration From the Carpathians," a world music theater piece based on winter songs from the Carpathian Mountains in Eastern Europe, debuts at La MaMa Experimental Theater in Manhattan's East Village, Dec. 27-30. It features traditional songs from rituals celebrating the solstice and a Nativity puppet play. Koliadnyky, an ensemble of singers from a Ukrainian village in the Hutsul region, teams with the Lemon Bucket Orchestra, a self-described "Balkan-Klezmer-Gypsy-Punk-Super-Party-Band" from Canada. Adults \$25, students and seniors \$20, age 12 and under \$10. *66 East 4th St., 212-475-7710, lamama.org*

**ULTIMATE MOUNTAIN EXPERIENCE IN UTAH**  
 Canyons Resort in Utah is introducing, in conjunction with former US ski team coach Phil McNichol, an elite winter sports series: the Ultimate Mountain Experience. Adventures include signature fantasy camps and customizable winter sports programs led by world-class athletes who will guide fantasy camp weekends Jan. 11-13 and March 8-10. Itineraries may include Erik Schlopy's "Power Turn Experience," Holly Flanders's "Women-Only Workshops," and McNichol's "Discover Your Potential Weekend." \$1,275 per person. Accommodations available at five Canyon Resorts properties, from \$265. *4000 Canyons Resort Drive, 888-CANYONS, www.canyonsresort.com/ski\_school\_ultimatemtn\_hp.html*

**FIVE STARS IN GSTAAD, SWITZERLAND**  
 Be pampered Swiss-style at Alpina Gstaad, the first five-star luxury hotel to open in Gstaad in 100 years. This property features 56 rooms and suites, all with floor-to-ceiling windows leading to terraces with views of the Alps, and three restaurants, including the first European outpost of MEGU, a traditional Swiss stübli, and Restaurant Sommet with Michelin-star chef Marcus Lindner. Rates from \$917 include breakfast and a \$323 credit for two. *Alpinastrasse 23, 41-33-888-9888, www.thealpinagstaad.ch*



## EVERYWHERE

**BOTTLE WARMER**  
 Preparing a bottle on the go to calm your baby is not an easy task, especially if your little one is used to naturally warm breast milk or heated formula. Now a new technology allows you to heat a bottle without needing electricity, hot water, or a car outlet charger. The WarmZe (formerly On The Fly) portable bottle warmer system uses air-activated warming wraps to evenly heat your baby's bottle. Simply stick a warming wrap to your WarmZe Bottle-Soc, slide it on your bottle, and in 30 minutes you will have a perfectly tepid bottle. Available in stores and online. Starter kits \$16.95, Warmer packs \$10.59. *877-693-5922, www.warmze.com*



**NOVEL EXPERIENCES**  
 A new easy-to-navigate website offers once-in-a-lifetime travel experiences across the globe. The specialists at Goviva curate unique packages in the areas of sporting events, entertainment, active lifestyle, fashion, food and wine, film, celebrity, and music. Some experiences include celebrity hosts, such as cooking with chef Rick Bayless, training with New York City marathon winner Meb Keflezighi, a private performance and dinner in the home of saxophonist David Sanborn, or visiting the studio of artist Peter Max. Your own "Goviva Experience Specialist" handles all the planning, both before and during your chosen experience, including recommendations for dining, shopping, and entertainment, arranging additional VIP privileges, and special requests. *877-599-1765, www.goviva.com*

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 BREAKFAST BUFFET DAILY  
 \$100 FOOD & BEVERAGE CREDIT PER ROOM  
 \$200 MATCH PLAY CASINO CHIPS  
 TWO \$25 SPA CREDITS PER ROOM

**RADISSON ARUBA \$1,849pp**  
 BREAKFAST BUFFET DAILY  
 \$100 FOOD & BEVERAGE CREDIT PER ROOM  
 \$200 MATCH PLAY CASINO CHIPS  
 TWO \$25 SPA CREDITS PER ROOM

**HYATT REGENCY ARUBA \$1,949pp**  
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 \$200 MATCH PLAY CASINO CHIPS  
 TWO \$25 SPA CREDITS PER ROOM

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All rates include non-stop air, round trip transfers, all air and hotel taxes. Rates are based on Tues, Wed, Thurs travel, other days avail at slightly higher rates. Rates are per person based on double occupancy. Some blackout dates apply. Call for availability. Radisson rates for Feb are slightly higher. Reservations must be made by Dec 31, 2012.

### The List

AVOID COLDS WHILE FLYING

The Journal of Environmental Health Research reports that you are up to 113 times more likely to catch a cold in-flight than on the ground. "In order to protect yourself against airborne germs you have to understand how they are spread," said Dr. Mahmoud Ghannoum, an infectious disease and oral microbiology specialist and scientist. "It's a combination of things that will make you stay healthy while flying." Ghannoum offers these tips.

- 1 CREATE A BARRIER**  
 New oral antiseptic sprays, such as Halo (www.halogermdefense.com), can kill cold and flu germs for up to six hours. Keep one in your pocket on a flight.
- 2 CLEAR THE AIR**  
 Aim the air vent at your chest to direct the air away from you. Even better: Turn it off.
- 3 HANDS FREE**  
 Pack hand sanitizers to protect yourself from the germ-covered surfaces you're bound to touch, especially when soap and water aren't easily accessible.
- 4 KILL GERMS**  
 Wipe down tray tables, armrests, and seatback pockets on airplanes and in rental cars with a disinfectant.
- 5 STAY HYDRATED**  
 Drink water to keep your immune system in check and prevent fatigue.

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### The Tip

FIVE POINTZ GRAFFITI BLOCK

NEW YORK — Five Pointz is not your typical art gallery. Located in Long Island City, Queens, across the East River from Manhattan, it's the block of graffiti visible from the elevated No. 7 train. Exit the subway at Court Square for a closer look at the city block of curated "aerosol" art.

But don't dally. The owner of the dilapidated 200,000-square-foot warehouse — who has allowed its exterior walls to double as a graffiti gallery since 1993 — is expected to raze the building in late 2013 to build housing and retail space. He will reserve a rear wall for graffiti.

For now, artist Jonathan Cohen, a.k.a. meresone, continues to curate the giant tableau of spray paint art, with taggers invited from as far as France and Australia. For an extra treat, walk across Jackson Avenue to the PS1 outpost of the Museum of Modern Art.

**Five Pointz** 45-46 Davis St. MOMA PS1, 22-25 Jackson Ave., Long Island City, Queens, \$10 adults, \$5 students and seniors IRENE SEGE

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